

The Restful Jaw Product Description (334 words)

The Restful Jaw[®] is a FDA-registered and patented external chin support device. This newest, noninvasive and universal-fit product is clinically proven to minimize patient jaw pain, fatigue and soreness during dental treatment.

The human jaw is not designed to be held open for long durations. Consequently, tension builds on the patient's jaw muscles and joints during dental treatment, leading to pain, fatigue, and potential onset or exacerbation of chronic jaw conditions including TMD. Dr. Eric Schiffman, D.D.S., M.S., an international expert in TMD diagnosis and treatment, invented the device to help prevent dental procedures from causing jaw pain, TMD, or exacerbating patient's existing symptomatic/asymptomatic jaw conditions.

The Restful Jaw's memory foam chin cushion supports the patient's mandible from below while in the open mouth position, allowing the patients to open their mouth without having to tense their jaw muscles and joints.

The device has several critical benefits for both the clinician and patient, including:

- Shorter chair time with increased stability, efficiency, and reduced need for patients to ask for treatment breaks to relax their jaw.
- Jaw stability and comfort will help patients lay still, allowing clinicians to maintain their posture and position.
- Jaw support helps reduce jaw injury, locking, overextension, and other potential medicolegal risks.
- Patients can comfortably relax their jaw while in the open mouth position.

Indications for the Restful Jaw include, but are not limited to:

- Any long procedures.
- TMD patients: Symptomatic and subclinical.
- Procedures that put significant force on jaw like extractions.
- Movement disorders: MS, Parkinson's.
- Geriatric and special needs.
- Conscious sedation.

The Restful Jaw provides further stability and comfort when used in conjunction with a bite block. However, a bite block alone will not substitute the device because the mere act of biting on the bite block will contribute to the tension on the jaw muscle and joints while the patient holds their mouth open. Simply put, a bite block props open the patient's mouth – The Restful Jaw supports and stabilizes their mandible.